



## NUNO MARQUES LUÍS

MD, MSc, Orthopaedic Surgeon

### ABOUT

*"Decisions are more important than the Incisions" Robert Bruce Salter*

*Nationality: Portuguese*

*Date of Birth: 16 Set 1983*

*Marital Status: Husband and father*

*Portuguese Medical Association number:  
48448*

### Address:

Alameda da Música Nr. 27 Bloco F 4B  
1750-044 Lisboa - Portugal

### Phone:

+351 968675562

### E-mail:

nuno.luis@gmail.com

## WORK EXPERIENCE

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### Orthopaedic Surgeon • Hospital CUF Descobertas

2018 - Current

Knee, Ankle and Sports Trauma Unit

### Orthopaedic Surgeon • Hospital CUF Santarém

2017 - Current

Knee surgery

### Orthopaedic Surgeon • Clínica CUF Miraflores

2016 - 2017

Orthopaedic surgery

### Orthopaedic Surgeon • Hospital CUF Descobertas

2016 - 2018

Sub-specialization in knee surgery

### Orthopaedic Surgeon • Clínica CUF Alvalade

2016 - 2018

Sub-specialization in knee surgery

### Medical Doctor • VMER - INEM

2012 - 2016

Prehospital Emergency Doctor - Trauma and Life Support

## EDUCATION

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### Master in Orthopaedic Surgery

Faculty of Medicine, University of Jaen (Spain)

2012-2014

### Master in Medicine

Faculty of Medicine, University of Oporto (Portugal)

2001-2008

### Orthopaedic Surgery Residency

2010 – 2016 | ULSBA

2012 – 2014 | CHLC - Hospital S. José

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## TRAINING

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### **2018 - Advanced Course in Total Knee Replacement**

Lisbon, Portugal

### **2018 - Anatomic and Biomechanical Basis of Knee Ligament Reconstruction Instructional Course**

Watford, United Kingdom

### **2017 - Patellofemoral instability Course**

Lisbon, Portugal

### **2017 - 360° Joint Replacement Recovery Program**

Madrid, Spain

### **2015 - II Knee Osteotomy Course**

Hospital CUF Descobertas, Lisboa (Portugal)

### **2015 - XXI Knee Arthroscopy Course**

Hospital CUF Descobertas, Lisboa (Portugal)

### **2015 - Minimal Invasive Foot Surgery Course**

Madrid (Spain)

### **2015 - AO Trauma Course - Advanced Principles of Fracture Fixation**

AO Foundation, Tomar (Portugal)

### **2015 - European Board of Orthopaedics and Traumatology Examination, Lisboa**

Fellowship Exam of the European Board of Orthopaedics and Traumatology (EBOT) 2015 Examination Written Part

### **2015 - Ankle Arthroscopy Course**

Hospital CUF Descobertas, Lisboa (Portugal)

### **2014 - Master of Medicine**

Universidade de Jaen, Jaen (Spain)

Master Universitário em Patologia del Aparato Locomotor

### **2013 - EFAS Instructional Course**

European Accreditation Council for Continuing Medical Education, Porto (Portugal)

15° European Foot and Ankle Society Instructional Course

### **2013 - 44 Curso de Enfermedades de los Pies**

Foot and Ankle Barcelona, Barcelona (Spain)

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## 2012 - Certification in Prehospital Medical Vehicle of Emergency and Reanimation – VMER

“INEM” – National institute of Medical Emergency”.

## 2012 - EFORT Instructional Course

EFORT - European Federation of National Associations of Orthopaedics and Traumatology, Berlin (Germany)

## 2012 - AO Trauma course - Principles in Operative Fracture Management

AO Foundation, Aveiro (Portugal)

## 2011 - Edinburgh International Instructional Course

SORT-IT - Scottish Orthopaedic Research Trust into Trauma, Edinburgh, (United Kingdom)

## 2011 - ATLS – Advanced Trauma and Life suport

ATLS Algarve, Faro (Portugal)

## 2011 - ALS - Advanced Life Support

Unidade Local de Saúde do Baixo Alentejo

## 2009 - Prehospital Mass Casualty Exercise & Trauma Management Course

10th European Congress of Trauma and Emergency Surgery, Antalia (Turkey)

## SCIENTIFIC ACTIVITY

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### PUBLICATIONS

#### *National and International Publications*

Co-Author: 3

Author: 1

#### *Master Degree Dissertation / Thesis*

Author: 2

### ORAL PRESENTATIONS

#### *National and International Presentations*

Co-Author: 27

Author: 43

### POSTER PRESENTATIONS

#### *National and International Posters*

Co-Author: 10

Author: 3

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## SURGICAL ACTIVITY

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### From 2016 to 2022

#### *Lead Surgeon*

Performed **1009** Orthopedic surgeries as Lead Surgeon  
(**217 knee surgeries** in 2021)

### From 2010 to 2016

#### *Lead Surgeon*

Performed **936** orthopedic surgeries as Lead Surgeon

#### *Assisted Surgeries*

Assisted in over **622** orthopedic surgeries, including Orthopaedic Residents training

## FELLOWSHIPS

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### VISITING FELLOW | KNEE SURGERY

*2016 (3 weeks)*

Visiting Fellow at Knee Unit

Hospital Universitário La Paz - Madrid

Assisted in 23 differentiated knee surgeries

### VISITING FELLOW | KNEE SURGERY

*2015 (3 months)*

Visiting Fellow at Knee, Ankle and Sports Trauma Unit

Hospital CUF Descobertas, ISAKOS Knee and Arthroscopy Surgery

International Fellowship Center

Assisted in 89 differentiated knee surgeries

### SURGICAL FELLOWSHIP | SPINE SURGERY

*2013 (3 months)*

Fellow at Spine | Trauma Department

Hospital de S. José, Lisbon

Performed 17 spine surgeries as Lead Surgeon and assisted in 37 more

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# NUNO MARQUES LUÍS

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## ASSOCIATIONS

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- Portuguese Medical Association (CP 48448)
- Sociedade Portuguesa de Ortopedia e Traumatologia (SPOT)
- Sociedad Española de Cirurgia Ortopédica y Traumatología (SECOT)
- European society of sports traumatology knee surgery and arthroscopy (ESSKA)
- International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)
- Sociedade Portuguesa de Artroscopia e Traumatologia (SPAT)
- European Knee Associates (EKA)

## ORGANIZATIONAL SKILLS

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### 2000

Organization of a Districtal Assembly for Leaders Training in Chaves, in collaboration with the Rotary Club of Chaves

### 2005

Member of the Students' Association Board of the 'Universidade do Porto' faculty of Medicine, department of Public Health

### 2004 - 2007

Students' delegate of the Medical course 2001/2008, in the academic

### 2006

Organizing Committee of "I YES Meeting - Young European Scientist Meeting" international congress held in Vila Nova de Gaia, Financial resources management, Fundraising and Accounting

### 2007 - 2010

Board of Administration of the Medical Magazine Publisher "ARQUIMED – Edições Científicas AEFMUP", responsible for the regular publication of "Arquivos de Medicina", "Arquivos Portugueses de Cirurgia" and "Arquivos de Psiquiatria, Faculty of Medicine, University of Porto, in years

### 2010

Organizing Committee of "I JIMBA - Baixo Alentejo Residency Congress", Project management, Financial resources management, Fundraising and Accounting.

### 2013 – 2015

CISPOT Delegate

### 2018

Scientific Committee of "I Jornadas do pé e tornozelo da CUF Santarém"

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## ORAL PRESENTATIONS

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### 2019

Tratamento dos síndromes rotulianos dolorosos e objectivos da reabilitação

*Mestrado de Fisioterapia - Universidade Nova de Lisboa*

Tratamento das instabilidades ligamentares do joelho e objectivos da Reabilitação

*Mestrado de Fisioterapia - Universidade Nova de Lisboa*

Reparação das Raízes Meniscais: Como faço?

*Curso em Cadáver Medicina Desportiva | Menisco e Ligamentolastia (STRYKER)*

Reparação das Raízes Meniscais: As minhas opções!

*XIV Congresso SPAT*

### 2020

Como controlar a instabilidade rotatória na cirurgia do LCA? Tenodese lateral vs Reconstrução do LAL

*Reunião Clínica do Centro de Ortopedia HCD*

Fisiopatologia do Joelho

*Pós-graduação em Treino Terapeutico - Lisboa*

Fisiopatologia do Joelho

*Pós-graduação em Treino Terapeutico - Portimão*

Live Surgery Meeting

*CUF Descobertas Academic Center*

Reparação das Raízes Meniscais

*Knee Summit 2020*

Fisiopatologia do Joelho

*Pós-graduação em Treino Terapeutico*

Tratamento dos síndromes rotulianos dolorosos e objectivos da reabilitação

*Mestrado de Fisioterapia - Universidade Nova de Lisboa*

Tratamento das instabilidades ligamentares do joelho e objectivos da Reabilitação

*Mestrado de Fisioterapia - Universidade Nova de Lisboa*

Fisiopatologia do Joelho

*Pós-graduação em Treino Terapeutico - Lisboa*

Fisiopatologia do Joelho

*Pós-graduação em Treino Terapeutico - Lisboa*

Técnicas Cirúrgicas - Tratamento Lesão da raiz meniscal

*Webinar Joelho - Técnicas Cirúrgicas*

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## 2021

Tratamento dos síndromes rotulianos dolorosos e objectivos da reabilitação  
*Mestrado de Fisioterapia*

Tratamento das instabilidades ligamentares do joelho e objectivos da Reabilitação  
*Mestrado de Fisioterapia*

Reparação das Raízes Meniscais  
*Reunião Clínica do Centro de Ortopedia HCD*

Curso Teórico-Prático "Um dia na sala de gessos"  
*HCD*

Curso Peri-operatório  
*HCD*

Curso de artroplastia total do joelho - Monitor de curso em cadáver  
*Universidade Nova - Nova Medical School*

26º Curso de artroscopia do joelho - Lesões da raiz meniscal  
*HCD*

26º Curso de artroscopia do joelho - Lesões da cartilagem  
*HCD*

Curso de Artroplastia do Joelho - Módulo 1: Artroplastia primária do joelho -  
Conceção e Biomecânica da PTJ  
*Universidade Nova - Nova Medical School*

Curso de Artroplastia do Joelho - Módulo 1: Artroplastia primária do joelho -  
Balanço ligamentar: otimizar a Flexão e a Extensão  
*Universidade Nova - Nova Medical School*

Curso de Artroplastia do Joelho - Módulo 2: Artroplastia de revisão do joelho  
- Infecção protésica: racionalidade e opções cirúrgicas  
*Universidade Nova - Nova Medical School*

## 2022

Fisiopatologia do Joelho  
*Pós-graduação em Treino Terapeutico - Lisboa*

MENISCOS - FUNÇÃO, LESÃO E TRATAMENTO  
*Fisioroma*

Rotura das raízes meniscais  
*V Jornadas de Ortopedia do Hospital CUF Descobertas*

Tratamento das instabilidades ligamentares/meniscais do joelho e  
objectivos da Reabilitação  
*MESTRADO EM FISIOTERAPIA EM CONDIÇÕES MÚSCULO-ESQUELÉTICAS*

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## LANGUAGES

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### PORTUGUESE

C2 Reading | C2 Listening

C2 Spoken Interaction | C2 Spoken Production

C2 Writing



### ENGLISH

C2 Reading | C2 Listening

C1 Spoken Interaction | C1 Spoken Production

C1 Writing



### SPANISH

C2 Reading | C2 Listening

C2 Spoken Interaction | C2 Spoken Production

C1 Writing



### FRENCH

B2 Reading | B1 Listening

A2 Spoken Interaction | A2 Spoken Production

A2 Writing

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